

YOUTH SERVICES NOTES



Week of January 13, 2014

No. 153

From ALSC Blog

Mind Full, or Mindful?

By Jill Eisele, Early Literacy Librarian at Glen Ellyn Public Library, Glen Ellyn, Illinois

Mindfulness. The ancient eastern practice of purposefully being in the present moment without holding any judgment. Focusing all of your attention on a moment-to-moment basis. A simple concept, but one that is difficult to achieve in our fast-paced world full of rigid schedules. We know that practicing mindfulness is healthy for us. It can help reduce stress, improve focus, and boost happiness. However, it seems impossible not to constantly be thinking (and/or worrying) about what we need to do next month, next week, or even the next minute. Imagine the benefits if as adults we all worked just a little bit more on grasping the concept of mindfulness. Imagine if we encourage children, who already have a natural tendency to be in the moment, to practice this art!

I recently read the book *The Power of Validation: Arming Your Child Against Bullying, Peer Pressure, Addiction, Self-Harm & Out of Control Emotions* by Karyn D. Hall, PhD and Melissa H. Cook, LPC. One of the chapters touches on the practice of mindfulness and how it can contribute to a strong sense of self. While reading it, the thought occurred to me that as children's librarians we often have golden opportunities in storytime to practice, encourage, and be an example of mindfulness. Here's how I see it.

There is all sorts of wonderful learning going on in the more active and interactive portions of storytime. If you've been a storytime leader, you've also likely experienced those moments when your group becomes silent. You can actually see them thinking, contemplating. Maybe it is a picture that everyone is looking at, a song everyone is listening to, or a sentence you just read from a book. Whatever it is, it is striking a chord and some serious reflection is going on! The kids are unknowingly practicing mindfulness, right? So go with it. Slow down. Let the meditation be, however many seconds it lasts. In this moment they are working on developing and preserving a healthy practice that they can use throughout their lives, and guess what? You are benefitting from it too!

When those "moments" occur in storytime, recognize them. Let them happen. Ditch the to-do list, for now anyway. Flexibility and adaptation are good. So you have three more things you wanted to squeeze in with only two minutes left in storytime. Better to slow things down than to rush it along just for the sake of putting check marks on that list. I would argue that there is more benefit in what you got going on right then and there. Why interrupt it? Encourage it. These opportunities are fleeting, and how many do we really get in life? The present minute, the mindfulness, is not only happening before your eyes. You are a part of it. Now that is a beautiful thing. Yes it is.

Source: <http://www.alsc.ala.org/blog/2014/01/mind-full-or-mindful/>
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Winter Reading Materials Needed

At Wythe County Public Library

As you may have heard, the [Wythe County Library](#) was flooded last week due to a pipe bursting during the freeze. Here's a video, in case you didn't see it:

<http://www.wdbj7.com/video/Wytheville-Library-soaked-after-pipes-burst/-/20128758/23855478/-/115ia5e/-/index.html>

Unfortunately, the box of winter reading program supplies was among the items that got waterlogged. The Library of Virginia sent on the few extra materials we had about 50 sticker sheets/reading log and 50 certificates of participation, but this is about 150 less than what they need for the program. If you have 5 to 10 sticker sheets/reading logs or certificates that you might be able to part with to help out Wythe County Library, please send them to:

Wythe County Public Library
attn: Morgan Herbert
300 E Monroe St
Wytheville, VA 24382 ■

Youth Services Notes

is issued weekly by

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The Institute of Museum and Library Services is the primary source of federal support for the nation's 123,000 libraries and 17,500 museums.



Through grant making, policy development, and research, IMLS helps communities and individuals thrive through broad public access to knowledge, cultural heritage, and lifelong learning. This newsletter project is made possible by a grant from the U.S. Institute of Museum and Library Services.

IMLS News

National Arts and Humanities Youth Program Award Webinar January 16

Libraries and Museums Encouraged to Apply

Does your museum or library have an outstanding afterschool or out-of-school program that is transforming the lives of young people? The **National Arts and Humanities Youth Program Award** recognizes twelve such programs each year with \$10,000 and an award ceremony at the White House. IMLS is hosting a webinar for museums and libraries that are interested in submitting applications or would like to learn more on **Thursday, January 16th from 2-3 p.m. EST.**

To register for the webinar, go to:

<https://www4.gotomeeting.com/register/230659839>

The National Arts and Humanities Youth Program Award is a signature initiative of the President's Committee on the Arts and the Humanities in partnership with the National Endowment for the Arts, the National Endowment for the Humanities, and the Institute of Museum and Library Services.

Winning programs exemplify how arts and humanities programs outside of the school day enrich the lives of young people by teaching new skills, nurturing creativity, and building self-confidence.

The deadline for applications is **Monday, February 10, 2014**. For more information, see www.nahyp.org.

Source: IMLS News Release, January 13, 2013

Dates to Remember

Regional Early Literacy Activity Center Exchanges, Spring 2014

Thursday, March 6.....	Waynesboro Public Library	Waynesboro
Friday, March 7	Bedford Public Library.....	Central Library
Friday, March 28	Pamunkey Library System.....	Ashland
Thursday, April 3	Southside Regional Library	Boydton Public Library
Tuesday, April 8.....	Chesapeake Public Library.....	Central Library
Friday, April 11.....	Tazewell County Public Library	Tazewell
Thursday, April 17.....	Middlesex County Public Library	Location to be announced
Friday, May 2.....	Prince William County Library System.....	Bull Run Regional Library, Manassas

Training

December 9, 2013-January 3, 2014.....	Introduction to Moodle.....	online course
January 13-February 14, 2014.....	Early Literacy and Books: Making the Continue.....	online course
January 13-February 14, 2014.....	Libraries and Autism: We're Connected.....	online course
Friday, February 7, 2014.....	STEM for Librarians.....	Science Museum of Virginia, Richmond

Literati: Credo Reference, with Homework Help **Free Homework Help with State Certified Teachers**

Did you know that The Library of Virginia in conjunction with the Institute of Museum and Library Services provides a **FREE Homework Help service** for all residents of Virginia through the public libraries? This **free** service allows students to work one on one with state certified teachers in a virtual classroom. The innovative technology allows teachers and students to communicate via chat and on an online whiteboard. The best part - students can take advantage of this service anywhere. All they need is a library card and an internet connection.

See the attached flyers to learn more about the service or share them with parents and students to let them know about the service.

Craving more? Join us for a 30 minute demonstration by clicking on one of our upcoming webinar dates below:

Tuesday, January 28 at 10am

<https://www1.gotomeeting.com/register/599011304>

Tuesday, February 4 at 11am

<https://www1.gotomeeting.com/register/793118665>

Still have questions?

Contact homeworkhelp@credoreference.com anytime!

Regards, Your Homework Help Team

Source: Email from Credo Reference, January 13, 2014

About Credo

Credo believes that everyone deserves the ability to learn and the opportunity to succeed.

While education is essential for successful participation in the workforce today, it is critical for the future. According to the U.S. Department of Labor, by 2018 more than two-thirds of jobs will require post-secondary education or some level of specialized training¹ though globally almost 3/4 of tertiary age youth are not enrolled in tertiary education.² Furthermore, futurists predict that 65% of preschoolers will work in jobs that don't yet exist, and half of what high school students learn about science and technology during their freshman year will be outdated by the time they graduate.³ This changing information landscape emphasizes the importance of being able to find, evaluate and use information.

Unfortunately the information skills of the average individual are often lacking. For example, 56% of high school graduates don't know how to do research.⁴ At the same time, 61% of college students use Wikipedia

for research even though just 24% of them believe that it is a trustworthy source.⁵ This extends beyond the classroom—77% of employees feel that finding and using information is an essential part of their everyday work.⁶ If that doesn't surprise you then this will: nearly a third of all U.S. citizens do not know how to use the Internet!⁷

Credo is an information skills solutions provider that serves educational institutions worldwide. We build platforms that enable the flexible configuration of content, technology and services for the purpose of connecting learners, faculty and teachers, librarians and publishers. Credo promotes knowledge building, problem solving and critical thinking to give people the information skills necessary for success throughout their academic, professional and personal lives.

Credo, founded in 1999 in the U.K. under the name of Xrefer, has spent 12 years helping colleges, universities and public libraries successfully educate students and patrons. We are headquartered in Boston, MA, USA and maintain an office in the U.K.

¹ U.S. Department of Labor. (2012). Credentials for youth: Success in the 21st century. Retrieved from <https://youth.workforce30one.org/page/credentials>

² The World Bank Group. (2011). The state of education. Retrieved from <http://go.worldbank.org/WBYFTX6CM0>

³ Carroll, J. (2007). 10 truths about the future. Retrieved from <http://www.jimcarroll.com/2007/03/10-truths-about-the-future/>

⁴ Achieve, Inc. (2005). Rising to the challenge: Are high school graduates prepared for college and work? Retrieved from <http://www.achieve.org/RisingtotheChallenge>

⁵ McKiel, A.W. (2012). 2011 Global student e-book survey. Retrieved from <http://site.ebrary.com/lib/surveys/docDetail.action?docID=80076107>

⁶ Travis, T. (2011) From the classroom to the boardroom: The impact of information literacy instruction on workplace research skills. *Education Libraries*, 34. Retrieved from <http://units.sla.org/division/ded/educationlibraries/34-2.pdf>

⁷ United States Department of Commerce. (2011). Fact sheet: Digital literacy. Retrieved from <http://www.commerce.gov/news/fact-sheets/2011/05/13/fact-sheet-digital-literacy>

Source: <http://corp.credoreference.com/about-credo/about-credo.html> ■



DayByDayVA

WWW.DAYBYDAYVA.ORG FAMILY LITERACY CALENDAR

YALSA News

The Future of Library Services for and with Teens: A Call to Action

As part of the year-long National Forum on Libraries and Teens effort, YALSA has released a report, "[The Future of Library Services for and with Teens: A Call to Action](http://www.ala.org/yaforum/project-report)" providing direction on how libraries need to adapt and change to meet the needs of 21st century teens. Visit <http://www.ala.org/yaforum/project-report> to download the report and executive summary today! Follow the discussion on Twitter with the hashtag #yalsaforum.

The report is a call to action for the library community. It provides recommendations on how libraries must address challenges and re-envision their teen services in order to meet the needs of their individual communities and to collectively ensure that the nation's 40+ million teens develop the skills they

need to be productive citizens. By acting on this call, the library community can work within their own local communities to create the kind of spaces, services, and opportunities that today's teens need in order to succeed in school and in life.

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Source: email dated January 8, 2013 ■

Lunar and Planetary Institute

Pluto, Asteroids, and Exploring Ice!

Good afternoon everyone! I want to pass along a few opportunities that have come across the wires this week. Below is a summary each opportunity with a link to learn more about them on the [Explore Community Corner](#).

Best,
Andrew Shaner
Lunar and Planetary Institute

A (LEGO) Model Spacecraft

NASA's New Horizons spacecraft is speeding quickly toward the first flyby of Pluto and its moons – nearing the destination on a voyage that has already captured the imaginations of millions and shown what perseverance and creativity can do. Read more at the

[Explore Community Corner](http://www.lpi.usra.edu/education/explore/community_corner/?story_id=47): http://www.lpi.usra.edu/education/explore/community_corner/?story_id=47

Send Your Name to an Asteroid!

NASA is inviting people around the world to submit their names to be etched on a microchip aboard a spacecraft headed to the asteroid Bennu in 2016. Read more at the

[Explore Community Corner](http://www.lpi.usra.edu/education/explore/community_corner/?story_id=48): http://www.lpi.usra.edu/education/explore/community_corner/?story_id=48

Free Girls on Ice Field Trips for High School Students

Girls on Ice is a unique wilderness science education program for high school girls. Each year a team of 9 teenage girls and 3 instructors spend 11 days exploring and learning about mountain glaciers and alpine landscapes through scientific field studies with professional glaciologists and mountaineers. Read more at the

[Explore Community Corner](http://www.lpi.usra.edu/education/explore/community_corner/?story_id=49): http://www.lpi.usra.edu/education/explore/community_corner/?story_id=49

Source: Email, dated January 16, 2014 ■

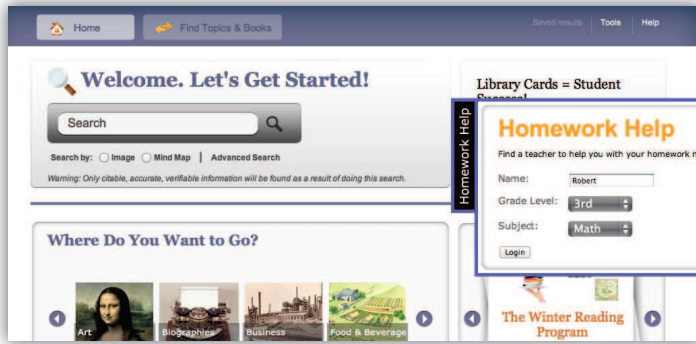


Winter Reading Program 2014

Artwork from *My Heart is Like A Zoo* by Michael Hall is copyrighted by Michael Hall and used with permission.



Homework Help Basics



What is Homework Help?

- One of the “Tools & Services” available to you as a Literati Public subscriber
- Live Teachers waiting to assist students in 3rd-12th grade – Math, Writing & Reading
- Accessible in the library or at home

How do you use it?

- Look for the black tab on the right side of the Literati Public screen that reads “Homework Help”.
- The student will click the tab and see a small pop up box emerge from the right.
- He/she enters name, grade level and subject of interest.
- After submitting the request, the student will be connected to a live teacher within one minute.

When can you use it?

Monday- Thursday 3pm-9pm EST
Saturdays 9am-3pm EST

Available year round, but teachers take days off too!
Homework Help screen will alert users to holidays upon login:

- New Year's Day
- MLK Day
- President's Day
- Memorial Day
- Fourth of July
- Labor Day
- Thanksgiving Day
- Christmas Eve
- Christmas Day
- New Year's Eve



- 1 Whiteboard allows the student and teacher to effectively work through the student's questions.
- 2 Icons to upload documents, share screen, and “undo” or “redo” work.
- 3 Tools that let the student to change the font color, free-hand draw, and add emoticons, shapes or graph paper.
- 4 Chatbox facilitates conversations between students and teachers.

Get help after school from state certified teachers with your public library's online service with Homework Help!



Who is it for?

Grades 3-12

What Subjects?

Math Reading Writing

When is it?

Monday – Thursday from 3pm – 9pm
Saturday from 9am – 3pm

Where is it?

Online – access from the library, school or at home! All you need is an Internet Connection and a Library Card.

How to access from home

1. Go to <http://public.literati.credoreference.com>.
2. If you are brought to a login screen, select the name of your library.
3. Enter your library card number.
4. Once on the Literati Public Homepage – click the black “Homework Help” button on the right side of the screen.
5. Enter your name, grade and subject – then connect to your live teacher.

